

**FOR IMMEDIATE RELEASE:**

## **Change Your Future, Now!** *Questions, Reflections & Answers*

*New Book by Germain Decelles proposes  
Questions, Reflections & Answers  
to help young and old struggling  
with life changes for a better future.*

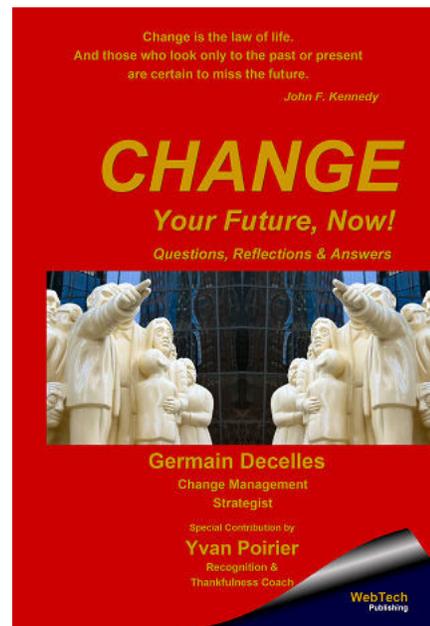
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*To realize your potential in life you need a detailed development program that will enable you to shape up your future. That is the purposes of Change your future now! - To help you to develop a clear and detailed program for your personal growth and happiness in life.*

**Montreal, Canada – February 15<sup>th</sup>, 2013** – Mr. Germain Decelles, author and respected Change Management Strategist, tells in his new book released today why change is so important and necessary in shaping up people’s future.

Today, we are confronted with more choices about how to live our lives and develop careers than ever before. Repeatedly, we are thrown into situations where we have to reinvent our professional, personnel, and relationship lines, redefining who we are and where we want to go. All the challenges we face right now are pressuring us to look differently, to sharpen and deepen our attention. To change in life, we need to shift our inner process to where we want to operate.

Change is an inevitable part of life. Everyone needs to question himself, or herself, on life’s journey, opening the mind to new challenges regarding how to be great, how to communicate and network. Change is all about acquiring knowledge and wisdom, planning head,



being able to influence, inspire, deal with change, negotiate, disagree, be a good citizen and have some common sense, reduce stress, use humor and have the intuition to facilitate success for a better future.

People must understand that something has to change. The threshold must be crossed, before something new can come. The ultimate question is: What should you be in the future?

This book encouraged readers to be completely open and transparent as they look inside themselves and answer the very challenging and difficult questions posed about what they think they should be in the future.

The book, targeting student, parent, worker, educator, retiree, shows that you are never too young or too old to change your future. It shows how to become great in any endeavor, whether it be in your career, with your family or in your community. Furthermore, it shows how to use the unique strengths you were born with and develop them to the fullest, while acknowledging and learning from your shortcomings.

Many self-help books offer a quick fix, or provide the reader with seven or more easy steps to follow. Unfortunately, in reality a person's development does not usually work that way, and one rarely becomes a great person simply by reading a book. To realize your potential in life, you need a detailed development program that will enable you to shape your future. That is the purpose of *Change Your Future, Now!* - to help the reader to develop a clear and detailed program for is or her personal growth and happiness in life.

The book through questions, quotes and reflections provide the necessary elements for the reader to journey to is or her own soul, in order to find out who they are, where their real passion lies, and how they can become more effective, so they can shape their futures.

This book is the result of a four-year project called *Project Tomorrow*. During the four-year period, we followed more than 500 trainees, aged from 16 to 72. The trainees were from colleges and reinsertion programs in administration and computer science. Some

of the trainees implicated where dropouts from school districts, and others were new immigrants or unemployed workers from different economic and social backgrounds. Many of the questions, reflections, and answers presented in this book are issued from our findings during this period. We have also drawn from thirty years of international experience gathered from our change and transition management consulting services.

This 642-page personal development Paperback and E-book was released by WebTech Publishing and is available in selected bookstores or online through [www.lulu.com](http://www.lulu.com)

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#### About the Author

In addition to writing, Germain Decelles acts as Change Management Strategist. He has over 30 years of business and consultation experience with local and international markets, including sectors such as: retail trade, distribution, information technology and communications, transportation, manufacturing, financial services, and government organizations.



Other publications: Change Made Easy - Change Management in Business - Business Project Management - ISO Information manual – Discovering ISO - ISO Preparation guide - ISO Made Easy.

#### Information

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