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## THE JOURNEY

*We are living at the greatest time in all of human history.  
We are surrounded by abundant opportunities that  
we can take advantage of, to realize our dreams.*

The only real limits on what we can be, do, or have, are  
the limits we place on ourselves by our own thinking.  
Our future is virtually unlimited...

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**CHANGE**  
Your Future, Now!



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Alvin Eugene Toffler,  
(1928 -2016)

American writer, futurist, and businessman.  
He and his wife Heidi Toffler, who  
collaborated with him for most of his  
writings, moved on to examining the  
reaction to changes in society  
with the best-selling book,  
The Third Wave in 1980.



Our moral responsibility  
is not to stop the future, but to shape it...  
to channel our destiny in humane directions and  
to ease the trauma of transition.

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*The only real limits on what we can be, do, or have, are the limits we place on ourselves by our own thinking. Our future is virtually unlimited.*

Life is a remarkable journey that takes us up and down a road of happiness, growth, interaction, love, fear, and sometimes pain and hardship, which comes with all the good we are blessed with.

Our journey will begin with our cry at birth and end with our last breath at death. Each of us has his or her own journey, yet all will experience the same emotions and struggles that are synonymous with life. From birth to death, we are always experiencing sensations from the world we live in.

We are nurtured, loved, taught, and grow, through every form of good and bad we encounter. Every stage of our lives prepares us for the next. We learn to be social beings by interacting with everyone who crosses our paths. We learn about each other through communication, intellect, and emotions.

The journey will not always be smooth; in fact, throughout our lives, we will encounter many challenges. Life is a journey filled with lessons, hardships, heartaches, joys, celebrations, and special moments that will ultimately lead each of us to a particular destination, to a specific purpose in life.

Along the way, we may stumble upon obstacles that will encumber the paths that we are destined to take. Some of these challenges will test our courage, strengths, weaknesses, and faith. In order



to follow the right path, we must overcome these obstacles. Sometimes these obstacles are really blessings in disguise, only we do not realize that at the time.

Every person living has two things in common regardless of race, gender, location, social status, or sexuality from the richest to the most impoverished beggar: he or she was born and will die. The distance between those two events measures life.

All the events between birth and death are part of the experience. The beginning is always the same. The ending is always the same. The middle, those moments of living or letting life slip past you, is what defines what life is truly about.

Many people live as if life were a race to get to the grave as smoothly as possible with a few detours. At the end of their lives, they are worn out, and left feeling as if like they never accomplished anything. They may become bitter, realizing that the gift of life they were given, is almost over without having been enjoyed.

The moments meant to be savored and shared with those closest to you are not about whether or not you go to heaven. They are simply about living, existing, and having a part and a place in the world, if only for a moment.

When you live your life focused only on what happens when it is over, you miss out on all the things that make life worth living.

Life is a journey you take with the people around you. Each choice you make to let an experience pass you, by is one more thing you miss out on. It is one more memory that you did not take the opportunity to make. Believe in anything you want, just do not let your beliefs become the excuse you use to be afraid of living your life.

The existence of Heaven, Hell, Limbo, and everything in between does not change the fact that you are living today. Where you end up, does not change the fact that you have to live now. If you let this life go by without getting the most, you can out of it, you are letting the most precious thing you have gone unused.

Life is measured in death. That does not mean that life is about death, but just the opposite really. Life is about not being dead; it is about being aware of the world around you and being there in those moments that can slip past without even being noticed. Be the kind of person you wish you were because this is the only chance you have to live the kind of life you dream of.

The journey through life is divided into childhood, man and woman hood, and old age. In childhood, we lay the foundation upon which, our future life is to be built. In both man and woman hood, we carry out those early aims and ambitions, completing the edifice we began in childhood, and then we enter the final stage of human life, old age. In old age, we await the final call that must come at last to each one of us.

Along the journey of life, we come to where one path leads in one direction and the other in the opposite one. Which path we choose will determine the future course of our life. Whether we succeed or fail depends entirely upon which path we take.

One path leads to success and happiness, while the other leads to heartaches, disappointment, ultimate failure. The path to success is more difficult to travel at first, but it becomes smooth and is easy farther on. The other path starts out downhill and is easy to take, but the farther we travel on it, the rougher it gets.



Remember; life is precious, and seemingly short. It is best to begin on the right path. Should we err for a moment, we can change directions correcting our course, changing from the downhill journey to the successful one.

This was an excerpt from chapter one from the book *Change Your Future, Now!*

Also, in the same chapter you can familiarize yourself with questions, reflections, and answers about:

How about our needs?  
Can we avoid death?  
Do simplicity and effort work?  
Can I use short cuts in life  
How can I use these benefits?  
What are the steps along the way?  
How can I get rid of my guilt?  
What about walking around in a circle?  
Is life a journey?  
Am I living in the present?  
Am I at the right place at the right time?  
Can I expect many false journeys?  
Does my journey have a meaning?  
What do I owe my parents?  
Is life reliable?  
How many times a day should I say thank you?  
How can I ask for help?  
Should I drop the ego?  
What should I consider?

This 642-page book is the result of a four-year project called Project Tomorrow. During the four-year period, we followed more than 500 trainees, aged from 16 to 72.

The trainees were from colleges and reinsertion programs in administration and computer science. Some of the trainees that were implicated were dropouts from school districts, and others were new immigrants or unemployed workers from different economic and social backgrounds.

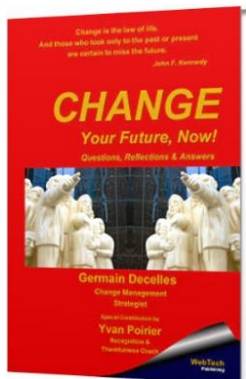
To graduate, the trainee had to perform during a period of three months in a business environment. At the end of that time, an appreciation evaluation was performed to determine both the amount of change the trainee experienced during the period and the impact of that change on the trainee.

Many of the questions, reflections, and answers presented in this book are issued from our findings during this period. We would like to thank all the trainees for their efforts and determination during the process.

In a nutshell, to change your life for a better future, you will need to be completely open and transparent as you look inside yourself to answer the tough questions about what you think you need to do to succeed in life.

To help you to develop a clear and detailed program, for your personal growth and happiness in life you will need *Change Your Future, Now!*

The book through questions, quotes and reflections provides the necessary elements to explore your soul, to find out who you really are, what your true passions are and how you can become more efficient and effective, so you can shape your life.



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It is also the fruit of forty years of experience acquired with local and international organizations and companies and during consultancy, change management, transition, and marketing services. For more information go to: [www.webtechpublishing.com](http://www.webtechpublishing.com).

### **About the Author**

In addition to writing, Germain Decelles acts as Change Management Strategist. He has over 40 years of business and consultation experience with local and international markets, including sectors such as retail trade, distribution, information technology and communications, transportation, manufacturing, financial services, and government organizations.



Other publications: ISO Pour Tous – Le manuel d’information ISO – Le guide de préparation ISO – La gestion du changement en affaires – La gestion de projet d’affaires – Le changement POUR TOUS – Change your future, now! – Mon succès est votre succès – My Success Is your Success.

### **Information**

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### **Press Contact**



Germain Decelles, o.s.j.  
WebTech Management and Publishing Incorporated  
514-575-3427  
[gdecelles@webtechmanagement.com](mailto:gdecelles@webtechmanagement.com)