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ON GRADUATION DAY DID YOU RECEIVE A GUIDE TO HELP YOU ADJUST TO THE WORKPLACE?

You know a new graduate, a friend coping with a career change, a colleague or an employee having some trouble adapting, it could be for you a good gesture to provide them with a tool to cope.

If you want to help someone to grow and progress in his life as well as in his career, you obviously need to equip this person with the skills and knowledge, to be a proactive person in the face of threats and ready for the future, to achieve success...

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MY SUCCESS IS YOUR SUCCESS

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(1951 -)
Canadian writer on change management practices
best known for Change Your Future, Now! Et,
My Success is your Success.

Personally, I didn't have a separate reference text to help me when I was young, so I built my evolution plan as I went along.

ON GRADUATION DAY DID YOU RECEIVE A GUIDE TO HELP YOU ADJUST TO THE WORKPLACE?

Each of us is required to take the necessary steps to discover what is out there in the workplace and how we can adapt to all kinds of situations to be effective in shaping our future.

You know a new graduate, a friend coping with a career change, a colleague or an employee having some trouble adapting, it could be for you a good gesture to provide them with a tool to cope.

THE NEEDS OF LIFE – MOTIVATION - UNDERSTANDING TEMPERAMENTS - KNOWING YOURSELF - ATTITUDE - SELF-CONFIDENCE - CRITICAL THINKING - COMMITMENT TO WORK - STRATEGIC SUCCESS - CULTIVATE A CREATIVE LIFE – COMMUNICATION - THE COGNITIVE BIAS - PROBLEMS SOLVING - THE NEGOTIATION - PSYCHIC VAMPIRISM – HUMOR - THE VISION AND THE MISSION - LEARN BASIC COMMON SENSE - GOOD JUDGMENT - BE RESPECTFUL - RELIGION AND SPIRITUALITY.

Personally, I didn't have a distinct reference text to help me when I was young, so I built my evolution plan as I went along, with the help of my father, employers, close friends, my wife, my son, and mentors throughout my journey.

If you want to help someone to grow and progress in his life as well as in his career, you obviously need to equip this person with the skills and knowledge, to be a proactive person in the face of threats and ready for the future, to achieve success.

Our survival and well-being depend on our ability to perceive, evaluate, and control the effects of our actions to imagine and create more desirable ways to achieve success in our lives.



I suggest that you take the time to look at « *My Success Is Your Success.* » This book describes how to improve a person ability to reach goals for success. Success is the only part of our lives that we can achieve by what we do or don't do.

The secrets of success?

If you define a secret as simply an unknown fact or an undiscovered detail of a fact you already know, then the « secrets » to success abound.

On the other hand, if you define a secret as a magic bullet that can guarantee success, that magic bullet or success secret can only be yourself.

Your convictions, your actions, your personal, professional, and relational qualities as well as your determination to carry out your projects will ultimately determine your success.

Others can make your path to success easier or harder, but they don't have the final say on whether you succeed in life.

Simple, we are all we really have. Any current possessions could go away for a variety of reasons. The same is true with any ongoing relationship.

If we define ourselves through our possessions or our relationships, we will be devastated if they are lost. Fundamental autonomy is therefore *one of the keys to success.*

While support from others is welcome, it is not guaranteed. Self-confidence is another key to success, and it starts with being your biggest « groupie. »

Others can influence or persuade you, but they cannot « make » you act in a certain way without your permission.

Recognizing and using your ZONE of control, which is part of overall self-control, empowers you to take charge of your actions, reactions, emotions, and attitude to the best of your ability.

Only then will you be able to take control of each situation.

What is success?

Achieving wealth, fame, a perfect body, respect from our peers and our community, or winning a marathon could be one of those things, because success irretrievably includes achievement.

However, truly satisfying success also includes a degree of inner peace, joy, and self-fulfillment in terms of the dreams you can contemplate and the goals you set for yourself.

Therefore, success could be defined as an accomplishment that involves personal development and growth, as defined by the individual.

But remember that what one person defines as personal achievement, growth, or development may mean nothing to another person.

Real and lasting success comes from within. It is not something « far away » that must be found.



It is something that we create ourselves by developing our basic life skills to their full potential and putting those skills into action.

Now the question that always comes up, is there a secret to success?

The answer is yes and no. It's always fun to dream up magical and even mystical success secrets that guarantee instant happiness.

Many people dream of how they could change the world if they could just win the lottery.

Realistically, a secret could be defined as a fact we haven't discovered yet, or an exciting new detail of a fact we already know.

In this sense, the secrets of success, most certainly exist and may well lead to increased success and happiness.

This is especially true in areas such as autonomy, self-control, and self-esteem.

How do you measure success?

Just as the meaning of success is subjective, so is how we measure success. Developing strong foundational skills helps us create realistic benchmarks to measure personal success.

Remember that other people's point of view really doesn't matter. The most important thing for you is to know if you have the feeling of wanting to succeed or not.

Why are the basic skills important?

Let's first define basic life skills. They could also be called life management skills. These are the strengths and skills that make us unique as individuals.

These skills take us from one moment in our lives to another. Indeed, they are the ones who help us survive and thrive by increasing our self-esteem and confidence.

Fundamental life skills help us be resilient and allow us to bounce back from difficult situations.

If we are not resilient, we cannot survive. If we truly believe that we cannot overcome our current situation, we might stop trying and give up altogether.

Strengthening skills not only gives hope for the future, but also increases the chances of success.

Seeing ourselves as strong, confident individuals allows us to see mistakes and setbacks, no matter how small, as challenges, not failures.

Practicing life skills gives us more control over our lives and our future.

They allow us to improve our relationships and provide a solid foundation for overcoming challenges, for example, managing our anger during an argument or conflict, dressing appropriately to speak in a group.



In order to assess the first step to achieving success, you need to assess your current strengths.

There is also the importance of overcoming current obstacles to personal growth.

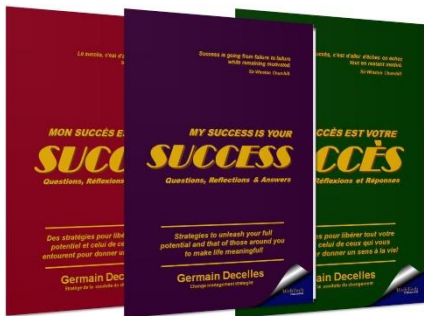
Then, determine what additional skills will be needed to develop your life plan.

This plan will be used to put your old and new skills into action.

To get started, provide copies of « *My success is your success.* »

The book through questions, quotes and reflections provides the necessary elements to explore all about motivation so to shape your success and help those around you do the same. Remember that success is all about team efforts!

SO, CHALLENGE YOURSELF AND PROVIDE COPIES OF « *MY SUCCESS IS YOUR SUCCESS.* »



This 404-page book, available in French and English, is the fruit of forty years of experience acquired with local and international organizations and companies and during consultancy, change management, transition, and marketing services. For more information and to consult the flipbook, go to: www.webtechpublishing.com.

About the Author

In addition to writing, Germain Decelles acts as Change Management Strategist. He has over 40 years of business and consultation experience with local and international markets, including sectors such as retail trade, distribution, information technology and communications, transportation, manufacturing, financial services, and government organizations.



Other publications: ISO Pour Tous – Le manuel d'information ISO – Le guide de préparation ISO – La gestion du changement en affaires – La gestion de projet d'affaires – Le changement POUR TOUS – Change your future, now! – Mon succès est votre succès.

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